

“Hidden Dimension of Professionalism”

Refuge Services, Inc. is excited to sponsor one of the Equine Assisted Growth and Learning Association (EAGALA) approved Equine Assisted Psychotherapy workshops presented by Randy & Patti Mandrell of Lubbock, Texas.

Purpose: The purpose of this workshop is to provide EAP professionals with an opportunity to explore topics that can impact the success of their therapy sessions. This workshop is designed to aid EAP professionals in addressing personal challenges impacting their level of professionalism.

Goals:

- 1) Address impacts of spirituality on integrity in EAP sessions
- 2) Develop professional integrity as it applies to avoiding dual relationships and countertransference
- 3) Define stress and identify signs and symptoms that lead to burnout
- 4) Demonstrate impact self-awareness has in improving the ethics of a professional

Schedule: **Friday and Saturday, June 5-6, 2015 OR November 20-21, 2015 in Lubbock, Texas
8 AM to 7 PM (lunch provided)**

EAGALA Approved: 20 hours of CEUs (4 hours of Ethics)

Registration: Early Bird rate: \$425 per person (includes lunch)
Early Bird Group rate: \$385 per person for 2 or more people
(lunch included)
Late Registration: \$450 per person (includes lunch)

**** Early bird Registration deadline is one month prior to workshop date. To ensure a spot, ½ of your tuition is due with registration application.**

Who can Attend:

- (1) Mental Health Practitioners wanting a time to restore and reflect
- (2) EAGALA professionals (MH and ES) wanting a time to restore and reflect
- (3) Can come as a couple or alone (whichever would aid in your restoration process). Great place to help your significant other understand your work and the pressures you face.

About the presenters:

Patti Mandrell, M.Ed., LPC, EAPIII is co-founder and Director of Therapy Services with REFUGE Services, Inc. Patti was the first professional counselor to be nationally certified in Equine-Assisted Psychotherapy (EAP) in the state of Texas. Patti received her Masters of Counseling degree at Texas Tech University. She specializes in family and child counseling. Patti has designed numerous therapeutic curriculums for adolescent groups using Equine-Assisted Psychotherapy. She is Advanced certified (Level III) by EAGALA. She recently served as program director for a residential treatment center for girls with Eating Disorders using EAP as one of the primary therapeutic intervention tools. She currently is teaching a course on the Introduction to Equine-Assisted Psychotherapy at Texas Tech University

Randy Mandrell, EAPIII is co-founder and Director of Equine Services with REFUGE Services, Inc. He is the first horse professional to offer Equine-Assisted Psychotherapy (EAP) services on an outpatient basis in partnership with professional counselors in the state of Texas. With 35 years of experience with horses, 20 years experience as a professional horse trainer and farrier. Randy's knowledge about horse behavior, safety, and psychology is outstanding. Randy was recognized by EAGALA as "Outstanding Horse Professional" in 2001 for his superior work with clients and collaboration with other therapists in his community. He is Advanced certified (Level III) by EAGALA. He recently served as director of equine services for a residential treatment center for girls with Eating Disorders using EAP as one of the primary therapeutic intervention tools.

Hotels & Travel: You can fly into Lubbock International Airport in Lubbock, TX. The listed hotels are providing a reduced rate for the workshop participants. The hotels are about 3-4 miles from the facility. Just let them know you are attending the Refuge Services' Workshop and the rate I have listed on this page. Please make reservations early to ensure availability.

HOTELS:

- Best Western**, 806-762-8400, 5410 I-27, Lubbock, TX, \$79 plus tax (includes deluxe hot breakfast)
 - Holiday Inn Express**** 806-687-2500, 5806 I-27, Lubbock, Texas, \$89 plus tax (includes continental breakfast)
 - Quality Inn-** 806-749-1090, I-27 Lubbock, Texas, \$68 plus tax. (includes hot Breakfast)
 - Comfort Inn and Suites-** 806-763-6500, I-27 Lubbock, Texas, \$65 - \$79 plus tax (includes Deluxe Continental Breakfast)
 - Ashmore Inn**, 800-785-0060, 4019 S. Loop 289, Lubbock, TX 79423, \$76 - \$80 plus tax (deluxe continental breakfast)
 - Hampton Inn**, 806-795-1080, 4003 S. Loop 289, Lubbock, TX 79423, \$89 plus tax
- **must show proof of registration

DIRECTIONS: From **Best Western, Quality Inn, Comfort Inn and Holiday Inn Express Hotels**, take 87 South to 82nd Street exit. At light, turn left (east) under overpass on 82nd street and go approximately 1 mile until 82nd dead ends at Martin Luther King Blvd. Turn right (south) onto MLK Blvd. Go about a block and you will see the facility on your left. Turn in the driveway at the Overturff Equestrian Complex/Refuge Services sign. Parking is on the north-side of the large barn.

From **Ashmore Inn and Hampton Inn** – take right out of parking lot onto frontage road. Take right on first street (right after church). Go to the light (82nd St.) and turn Left. Go to the end of 82nd (approx 4 miles) which runs into Martin Luther King, Jr. Blvd. Turn Right. Go about a block and you will see facility on your left. Turn in the driveway at the Overturff Equestrian Complex/Refuge Services sign. Parking is on the north-side of the large barn.

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**REGISTRATION INFORMATION
WORKSHOP “HIDDEN DIMENSIONS OF PROFESSIONALISM”**

Name _____

Agency _____

Address _____

Phone _____ email _____

Need CEU Credits? YES or NO EAP Certified (Yes/No) Date of certification _____

My expectations for this workshop include _____

Write in workshop date:

Rates: \$425 p/person (early registration)
 \$600 p/couple
 \$385 p/person for groups of 2 or more *Total tuition = ____
 \$450 p/person (late registration)

*Check, cash or money order only.

** Space is limited, so register soon! Early bird registration deadline **one month prior to workshop** with ½ of tuition due at that time. Make checks payable to Randy or Patti Mandrell. Mail all registration information to:

Randy and Patti Mandrell
PO Box 53684
Lubbock, TX 79453
(806)790-6664

information@refugeservices.org